

Spring 2004

The *School Food Services News* is published three times per year (fall, winter and spring) and is available on the School Food Services Web page.

NEWS

School Food Services

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Click here to contact our staff:

www.dese.mo.gov/divadm/food/staff.html

National School Lunch Week 2004 October 11-15, 2004

Reach new heights by participating in National School Lunch Week (NSLW). Now is the time to start planning for NSLW. The theme is "Reach Your Peak with School Lunch." NSLW will be observed October 11-15, 2004.

Climb higher to obtain a great food service program. To learn more and obtain helpful and fun new resources to help celebrate NSLW, visit www.asfsa.org.

School Breakfast Week is March 7-11, 2005. The theme is "Improve Your Performance With School Breakfast."



Summer 2004 Training

Remember to register for School Food Service Summer 2004 Training. You may choose from these locations around the state: Cape Girardeau, Bonne Terre, Kirksville, Jefferson City, Joplin, Springfield, St. Louis (Wildwood), and Kansas City. You may also choose from the following topics: Inventory Management, Offer Verses Serve, Meeting the Challenge to Market Nutrition, School Meals Initiative (SMI) Nutrition Goals, Serving it Safe, School Food Service Records, A Weighty Dilemma – Keeping Everyone Healthy and Happy.

The training brochure and registration form is located online. Go

to dese.mo.gov/divadm/food and select "Workshops." The registration deadline is May 21, 2004.

Hope to see you there this summer!

Feeding Children in the Summer

There are three options for feeding children in the summer. They are: the National School Lunch Program (NSLP) and School Breakfast Program (SBP); the Seamless Summer Feeding Waiver; and the Summer Food Service Program. For more information, please go to dese.mo.gov/divadm/food and select New: Feeding Children in the Summer.

Non-Public School's Revenue and Expense Report

The 2003-2004 Revenue and Expense Report for non-public schools to complete will be available online after July 1, 2004.

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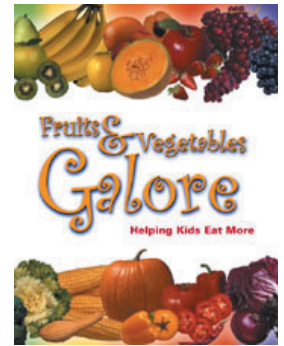
Fruits & Vegetables Galore: Helping Kids Eat More

USDA's Team Nutrition salutes school food service professionals for their hard work and dedication to students nationwide. USDA is now asking for help in addressing an increasing national concern — obesity.

Eating should be a fun and enjoyable experience that gets children to eat healthfully in the process. Children are not eating the five to nine servings of fruits and vegetables a day recommended by the Dietary Guidelines for Americans. At the same time, obesity and diet-related diseases among young children are increasing at an alarming rate. Team Nutrition believes that focusing special attention on encouraging children to eat more fruits and vegetables will help reverse these negative health trends.

Fruits & Vegetables Galore is a tool for school food service professionals packed with tips on planning, purchasing, protecting, preparing, presenting and promoting fruits and vegetables. Use Fruits & Vegetables Galore to help rejuvenate your cafeteria with colorful fruits and vegetables. Dress up your serving line to draw attention to fruits and vegetables to encourage children to make these selections. Solicit the cooperation of teachers by providing them with teaching tools or by supporting their educational efforts. Make your daily meal offerings competitive with other commercial options available to students. Use all these materials to get students excited about eating healthfully.

Local Education Authorities (LEAs) will automatically receive a copy of Fruits and Vegetables Galore. LEAs should order copies of the publication for all their schools (one copy per school). Extra order forms can be found on our Web site under Resource Materials or visit the Team Nutrition Web site at: www.fns.usda.gov/tn/.



Important Links

MSFSA Web Site

The School Food Services Web site is linked to the Missouri School Food Service Association's (MSFSA) Web site. Check *Additional Sites of Interest* at the bottom of our home page. The MSFSA Web address is www.msfsa.net. Check the Web site to find out more information about MSFSA.

National Food Service Management Institute

Every year the National Food Service Management Institute (NFSMI) presents satellite seminars in April and October and live interactive teleconferences in January and August. Check the link on our home page under *Additional Sites of Interest*. The NFSMI Web address is www.nfsmi.org. Click on *Educational Opportunities* for satellite seminar information.

American School Food Service Association's 58th Annual National Conference

It's time to race towards American School Food Service Association's (ASFSA) 58th Annual National Conference in Indianapolis, Indiana. The conference will be held July 25-28, 2004. ASFSA offers multiple educational opportunities, exhibits, and a chance to experience the many fun things to do in the wonderful city of Indianapolis.

For information on registration and activities, visit the ASFSA Web site at: www.asfsa.org/anc2004, or contact them by phone at 703-739-3900 or by fax at 703-739-3915.

Missouri School Food Service Association State Conference

The 2004 Annual State Conference will be held June 21-23, 2004, at the Chateau on the Lake in Branson. For more information, please visit the Missouri School Food Service Association Web site: www.msfsa.net/, or contact Betty Cully at the Missouri School Food Service Association by telephone at 816-331-9109 or 800-484-9202 (code 0509), or by e-mail at msfsa@comcast.net.

Summary of 2003-2004 School Lunch, Breakfast and After-School Snack Charges

Following is a statewide summary of the full-price charges and the number of LEAs using these charges for students and adults for lunch, breakfast and after-school snack.

2003-2004 Lunch Charges

Lunch Charges	Number of Elementary Schools	Number of Middle Schools	Number of High Schools	Number of Adults/ LEAs Charged
\$.35	1			
\$.40	1		1	
\$.50	1	1	2	
\$.60	1			
\$.65	3	1		
\$.75	13	1	3	2
\$.80	3			
\$.85	5	2		1
\$.90	9	1	3	
\$.95	1			
\$1.00	86	9	36	7
\$1.05	5			
\$1.10	30	5	16	
\$1.15	27	3	3	1
\$1.20	39	4	13	7
\$1.25	139	32		20
\$1.30	36	9	20	3
\$1.35	38	17	29	11
\$1.38	1			
\$1.40	31	20	29	8
\$1.45	16	6	12	6
\$1.50	96	53	103	98
\$1.55	8	6	9	12
\$1.60	26	15	20	27
\$1.63	1			
\$1.65	9	10	12	14
\$1.70		8	10	8
\$1.72	1			
\$1.75	33	22	36	126
\$1.80	6	4	7	15
\$1.85		6	4	28
\$1.90	6	2	3	14
\$1.95	1			9
\$2.00	23	4	13	204
\$2.05				5

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Lunch Charges	Number of Elementary Schools	Number of Middle Schools	Number of High Schools	Number of Adults/ LEAs Charged
\$2.10			2	15
\$2.13				1
\$2.15	1			9
\$2.20				6
\$2.25	1		1	46
\$2.30				3
\$2.35	1			2
\$2.40				4
\$2.50	4			28
\$2.55				1
\$2.60			1	2
\$2.75				2
\$3.00	1			5
\$3.50	1			4
\$3.75	1			
\$4.00				4
\$4.15				1

2003-2004 Breakfast Charges

Breakfast Charges	Number of Elementary Schools	Number of Middle Schools	Number of High Schools	Number of Adults/ LEAs Charged
\$.09			1	
\$.15	1		1	
\$.25	2	1	2	1
\$.30				1
\$.35	3		2	
\$.40	9	3	7	1
\$.45	3		1	
\$.47	1			
\$.50	55	8	32	21
\$.55	8	5	4	4
\$.60	40	9	26	10
\$.65	19	6	14	4
\$.70	23	5	12	9
\$.74	1			
\$.75	135	54	95	66
\$.80	44	18	29	20
\$.85	29	15	20	15
\$.90	35	19	31	17
\$.95	7	1	2	2

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Breakfast Charges	Number of Elementary Schools	Number of Middle Schools	Number of High Schools	Number of Adults/ LEAs Charged
\$1.00	90	49	67	149
\$1.05		6	6	11
\$1.10		3	4	24
\$1.15	3	1	2	13
\$1.20	4	5	8	16
\$1.25	10	5	12	60
\$1.30			1	11
\$1.35	2	1	2	10
\$1.40		2	2	5
\$1.45				4
\$1.50	3	1	2	56
\$1.55				2
\$1.60				2
\$1.75	1			5
\$1.80				1
\$1.90				1
\$2.00	1			6
\$2.25				2
\$2.50				4
\$3.00	1			
\$4.00				1

2003-2004 After-School Snack Charges

After-School Snack Charges	Number of Elementary Schools	Number of Middle Schools	Number of High Schools	Number of Adults/ LEAs Charged
\$.05	1			
\$.11	1			
\$.15	1			
\$.20	2			
\$.25	4	2		1
\$.28	1			
\$.30	2			
\$.34	1			
\$.35	1			
\$.40	4		1	
\$.50	9	1	2	7
\$.55	1			
\$.60	1			
\$.75	2			2
\$1.00	1	1	1	1